



THE  
NAKED TRUTH ABOUT

SEX

**SEX SERIES** GUIDE



**ConcordChurch**  
[www.ConcordDallas.org](http://www.ConcordDallas.org)

*Sex is the attention grabber whether selling condoms or car insurance. It gets the attention of the jail-bait-young to viagra-old and everybody in between. It's powerful. People lose their mind and absolutely their religion everyday because of it. Sex belongs to God. He created it with a distinct purpose for our good. There is a powerful message behind it. A message that involves discipline, sacrifice, giving, receiving, obedience, submission, openness, respect, humility, joy, passion, love and new life. It's all in there. So let's talk about SEX!*

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# MYTHS ABOUT SEX

*It is God's will that you should be sanctified; that you should avoid sexual immorality; that each of you should learn to control your own body in a way that is holy and honorable... —1 Thessalonians 4:3-4*



MYTH



TRUTH

**MYTH:** All is fair in love and war

**TRUTH:** The basis of love is sacrifice, not fairness.

*"This is how we know what love is: Jesus Christ laid down his life for us. And we ought to lay down our lives for our brothers." 1 John 3:16*

**MYTH:** Multiple sex partners give me more experience.

**TRUTH:** Multiple experiences breed comparison and dissatisfaction.

*"Do not share in the sin of others. Keep yourself pure." 1 Timothy 5:22*



MYTH



TRUTH



MYTH



TRUTH

**MYTH:** As long as I'm not married, I should be able to have sex with whomever I want.

**TRUTH:** The only instance where God blesses two people in a sexual relationship is within a husband and wife marital relationship.

*"That is why a man leaves his father and mother and is united to his wife, and they become one flesh." Genesis 2:24*



## REASONS FOR SEXUAL INTEGRITY

*The righteous of the upright delivers them, but the unfaithful are trapped by evil desires. —Proverbs 11:6*

- I want God's Blessing on my life: "Offer your bodies as a living sacrifice, holy and pleasing to God—this is your true and proper worship." Romans 12:1
- I don't want anything that will hinder my prayer life with God. "If I cherished sin in my heart, the Lord would not have listened." Psalm 66:18
- I don't want anyone else to take God's place in my life. "Love the Lord with all your heart and with all your soul and with all your mind." Matthew 22:37
- I want to live a life of integrity; being the same in the dark as I am in the light. "I will not deny my integrity." Job 27:5
- I want others to see the power of Christ in me. "His divine power has given us everything we need for a godly life through our knowledge of him who called us by his own glory and goodness." 2 Peter 1:3

# PRACTICAL STEPS FOR PURITY

*Let us draw near to God with a sincere heart and with the full assurance that faith brings, having our hearts sprinkled to cleanse us from a guilty conscience and having our bodies washed with pure water. —Hebrews 10:22*

- Develop a proactive strategy for countering sexual triggers.
- Pray for the right accountability partner.
- Make a list of your life goals
- Wear a ring, bracelet or necklace symbolizing your choose of purity
- Rely on the spiritual beliefs and teachings of the church

**P – PARTICIPATE** in an accountability group dealing with purity. —Ecclesiastes 4:9-10

**U – UPHOLD** boundary lines that must be off limits. —Proverbs 27:12

**R – RID** yourself, your home, and your work of all sexually illicit items. —Isaiah 1:16-17

**I – INCORPORATE** the power of Christ daily when confronted by temptation. —2 Corinthians 12:9

**T – TAKE** on positive habits of discipline. —Proverbs 10:17

**Y – YIELD** your mind to meditating on and memorizing scripture. —James 1:21

# SEX HELP RESOURCES

## SEX THERAPISTS

**Gary Barnes**

214.265.1400

**Billy Grammer**

214.739.4023

**Lorraine Turbyfill**

214.587.8321

**Debby Wade**

817.707.3329

## OTHER THERAPISTS

**Sonny Acho**

972.726.6103

**Alex Appiah**

214.543.4748

**Von Eaglin**

469.759.6767

**Iman Ross**

469.236.3999

**Carolyn Sidereas**

469.698.2250

**Cynthia Thompson**

817.632.6637

**Brenda Richardson Rowe**

214.751.3932

## PASTORAL COUNSELORS

**Rodney Stodghill**

214.467.6787

**Ricky Chelette**

817.459.2507

# SEX HELP RESOURCES

## WEBSITES FOR SEX THERAPY

[passonatecommitment.com](http://passonatecommitment.com)

[soulvirgins.com](http://soulvirgins.com)

[intimateissues.com](http://intimateissues.com)

[sexualwholeness.com](http://sexualwholeness.com)

[sexualidentityinstitute.org/issi-blog-2](http://sexualidentityinstitute.org/issi-blog-2)

[wholesomeintimacy.com/wholesome-intimacy-news/](http://wholesomeintimacy.com/wholesome-intimacy-news/)

[drsbercaw.com/category/blog/](http://drsbercaw.com/category/blog/)

[intimatemarriage.org/resources-56.html](http://intimatemarriage.org/resources-56.html)

## WEBSITE FOR FIGHTING PORNOGRAPHY ADDICTIONS

[xxxchurch.com/men/](http://xxxchurch.com/men/)

## BOOKS

### **A Celebration of Sex: A Guide to Enjoying God's Gift of Sexual Intimacy**

Dr. Doug Rosenau

### **From the Living Room to the Bedroom**

Drs. Bill and Ginger Bercaw

### **Getting Your Sex Life Off to a Great Start: A Guide for Engaged and Newlywed Couples**

Clifford and Joyce Penner

### **The Game Plan: The Men's 30-Day Strategy for Attaining Sexual Integrity**

Joe Dallas

### **No Stones: Women Redeemed from Sexual Addiction**

Marnie Ferree

### **Soul Virgins: Redefining Single Sexuality**

Dr. Doug Rosenau

### **Sex Facts for the Family**

Clifford and Joyce Penner

### **Unburdened: The Christian Leader's Path to Sexual Integrity**

Michael Todd Wilson

### **Understanding Sexual Identity: A Resource for Youth Ministry**

Mark A. Yarhouse



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Service Times 8:00am | 10:00am | 12:00pm

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